

SEPH-GSA Committee

EXECUTIVE MEETING #1 - 2026

Date: January 28th 2026

In Person Meeting - 600 PMC (Room 103)

Start time: 12:00pm End Time: 1:00pm

Action Items / Discussion

1. SUMMARY OF ACTION ITEMS

- a. **Program Reps**- workshop mentorship extension/switch to information sessions or other options before next meeting
- b. **Sara**- look into research day/career day
- c. Fill out website form by Sunday evening

2. INTRODUCTIONS + ATTENDANCE

- a. Members Present: Aaya, Sophie, Nardin, Zane, Nana Yaa, Karim, Emma, Isabel, Maeve, Maimonah, Naana, Anna, Julia, Mkeila, Maryn, Sara
- b. Members Absent: Maryam

3. BRAINSTORM TIME: VP/COMMITTEE

- a. Vice President: help out where needed
- b. Academic Affairs:
 - EPI: fast track info session , May/April for those who want to practice research proposals
 - Collab with events for SEPH professor jeopardy, SEPH research day might be a good time (March 27th)- **Sara to reach out to organizers of research day to ask if that is an option**
 - MPH: panel after reading week with second years about their practicums ; career day (FoM has career week)- **Sara will reach out about opportunity there**
- c. Events:
 - Goal is one event per month, collaborations with population health/nutrition for causal get-to know you events
 - TMM students for samosa sale, split profits and costs with them
 - Gala planning will start closer to the summer
- d. Wellness:
 - Mentor program takes a lot of time and wondering if that can be moved to a program rep responsibility, want it to be earlier in the semester/around orientation and keep more tabs on them
 - Program Reps are happy to contribute and take this on, wellness will send over resources
 - **Is a mentorship program the best approach? Are information sessions and**

q&a boxes a better option? Google form/ highlights on instagram?
Providing the space of pairing meetings.

- Reps will meet and discuss trajectory of this before next meeting

- Wellness event before exams: cafe and journal, yoga drop in (there is a studio that gives students \$6 on fridays, will look and see if that price is still available)
- Breakfast / Coffee budget for PMD kitchens: is there a budget? Provide coffee beans, cups, creamers, snacks, breakfast program– is there a way we can make profit here? Cash box drop honour system
- Wellness Week Instagram Takeover: exec day in my life, collaborate with comms team

e. Comms

- Want to increase social media presence- tiktok account? Reels?
- Way to connect and show more of what the program is about for incoming students
- More engagement with PhD students
- Social committee with Comms, Wellness, EDI, Events

f. GSAED (Karim)

- Here for governance, changes in fees/access questions and concerns
- Will provide monthly meeting updates with other GSA reps, he will send out an email with highlights

g. Finance

- Keep fundraisers in mind
- Bake sales and coffee, tie it into events and snacks, ongoing efforts
- Work with VP and Maryam for merch
- Gala planning will start in the summer– is the gala the best option? Involving more first years, later in the semester, spread out payments

h. MSc Reps

- Events tailored to the needs of students, making sure questions that come up and answered, hosting bonding events over the year, very diverse group in terms of needs

4. ADJOURNMENT

- a. Fill out the website form!
- b. Keep an eye out for Committee emails
- c. Empty VP Spaces
 - VP International- David mentioned he would be interested in staying on
 - VP PhD

Next Meeting: February 11th at Noon